



Just point to communicate

\*\*\*\*\* For the Nurse / Midwife \*\*\*\*\*

Can you understand this writing? နနာ်ပာ်တၢ်ကွဲးအဝဲအံ့ဇါ?	
How are you? နအိၣ်ဆူၣ်ဇါ?	What do you need? နလိၣ်ဘၣ်တၢ်မနုၤန့ၣ်လဲၣ်?
Do you have pain? တၢ်ဆါန့ၣ်တမံၤဇါ?	Where is the pain? တၢ်ဆါန့ၣ်ဖဲလဲၣ်?
Do you want medicine for the pain? နလိၣ်ဘၣ်ကသံၣ်လတၢ်ဆါန့ၣ်အဂီၢ်ဇါ?	
Are you hungry? နဟၤဖၤသ့ၣ်ဝံၤဇါ?	Are you thirsty? နအဲၣ်ဒီးအိထံၣ်ဇါ?
Are you hot? တၢ်ကိၣ်နသးဇါ?	Are you cold? တၢ်ခၢၣ်နသးဇါ?
Are you nauseous? နသးကလဲၣ်ဇါ?	Do you need to vomit? နလိၣ်ဘျးဇါ?
You will not be allowed to eat or drink for now စးထီၣ်ခဲအံၤန့ၣ်နအိၣ်တၢ်ဒီးနအိထံတသ့လတၢ်ဘၣ်	
Do you want medicine to sleep? နလိၣ်ဘၣ်ကသံၣ်လတၢ်နကမံအဂီၢ်ဇါ?	



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You are going to have an operation နကဘၣ်တၢ်စးထီၣ်ကွဲးန့ၣ်လိၣ်	
You are going to have an x-ray နကဘၣ်လဲၣ်ဒိကွၢ်အဲးစရု	
You are going to have some tests နကဘၣ်လဲၣ်မ့ၤန့ၣ်နသးတခါခါ	
You need to take this medicine to get well နဘၣ်အိကသံၣ်ဝဲအံၤဒီးသိးနကအိၣ်ဆူၣ်ထီၣ်က့ၤ	
You need to sit up straight to eat and drink နအိၣ်တၢ်အိတၢ်န့ၣ်နဘၣ်ဆူၣ်န့ၣ်လတၢ်ဘျး	
We need to turn you over to stop bed sores ပဘၣ်ဃၣ်သရဲးန့ၣ်ဒီးသိးနပုၤလိၣ်တုတဆါတဂ့ၤ	
Press this button if you need help နမ့ၢ်လိၣ်ဘၣ်တၢ်မ့ၤလတၢ်န့ၣ်ဆိၣ်လိၣ်တၢ်ခါအံၤ	
Please don't touch this equipment ဝဲသးစုၤတဘၣ်ထိးဘျးတၢ်ဖိတၢ်လဲၣ်တခါအံၤတဂ့ၤ	
Have you passed urine? နဆံၣ်ဆါဝဲလဲၣ်ဇါ?	
Have you used your bowels? နအ့ၣ်ဆါဝဲလဲၣ်ဇါ?	